



2020/ 2021

PROGRAM 6 -Yellow

| AGE | GROUP | EVENTS | | | | |
|--------|-------|--------------------|--------------------|---------------------|---------------------|--|
| | | 1 | 2 | 3 | 4 | 6 |
| 6 | Boys | Shot Put 500g Pink | Long Jump | 200m | | U6 Boys & Girls northern end of pit, mat 0.5m from edge of pit |
| | Girls | Shot Put 500g Pink | Long Jump | 200m | | |
| 7 | Boys | 500m pack | Discus 350g | Long Jump | | U7 Boys & Girls northern end of pit, mat 0.5m from edge of pit |
| | Girls | 500m pack | Discus 350g | Long Jump | | |
| 8 | Boys | 60m Hurdles | 700m | Discus 500g | | |
| | Girls | 60m Hurdles | 700m | Discus 500g | | |
| 9 | Boys | 60m Hurdles | Long Jump | Shot Put 2kg Orange | 400m | |
| | Girls | 60m Hurdles | Long Jump | Shot Put 2kg Orange | 400m | |
| 10 | Boys | 200m | 60m Hurdles | 400m | | |
| | Girls | 200m | 60m Hurdles | 400m | | |
| 11 | Boys | Long Jump | 80m Hurdles | 800m | | |
| | Girls | Long Jump | 80m Hurdles | 800m | | |
| 12 | Boys | Long Jump | 800m | 60m Hurdles | Shot Put 3kg White | |
| | Girls | Long Jump | 800m | 60m Hurdles | Shot Put 2kg Orange | |
| 13 | Boys | 200m | Shot Put 3kg White | 80m Hurdles | Triple Jump | 3000m (last event of night) |
| | Girls | 200m | Shot Put 3kg White | 80m Hurdles | Triple Jump | 3000m (last event of night) |
| 14 | Boys | Discus 1Kg | High Jump | 90m Hurdles | 200m | 3000m (last event of night) |
| | Girls | Discus 1Kg | High Jump | 80m Hurdles | 200m | 3000m (last event of night) |
| 15 | Boys | High Jump | Discus 1kg | 200m | 100m Hurdles | 3000m (last event of night) |
| | Girls | High Jump | Discus 1kg | 200m | 90m Hurdles | 3000m (last event of night) |
| 16, 17 | Boys | High Jump | Discus 1.5kg | 200m | 100m Hurdles | 3000m (last event of night) |
| | Girls | High Jump | Discus 1kg | 200m | 100m Hurdles | 3000m (last event of night) |

Age Managers please try and complete in Program Order.