

2020/2021



PROGRAM 4 - Pink

| AGE | GROUP | EVENTS | | | | |
|--------|-------|--------------|--------------------|---------------------|--------------------|---|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | Boys | 70m | Shot Put 500g Pink | 100m | | U6 Boys & Girls northern end of pit, mat 0.5m from edge of pit |
| | Girls | 70m | Shot Put 500g Pink | 100m | | |
| 7 | Boys | 70m | 100m | Discus 350g | | |
| | Girls | 70m | 100m | Discus 350g | | |
| 8 | Boys | Long Jump | 400m | 100m | | |
| | Girls | Long Jump | 400m | 100m | | |
| 9 | Boys | Discus 500g | 70m | High Jump | | |
| | Girls | High Jump | 70m | Discus 500g | | |
| 10 | Boys | Discus 500g | 100m | Long Jump | | |
| | Girls | Discus 500g | 100m | Long Jump | | |
| 11 | Boys | Triple Jump | 100m | Shot Put 2kg Orange | 400m | |
| | Girls | Triple Jump | 100m | Shot Put 2kg Orange | 400m | |
| 12 | Boys | High Jump | 200m | 400m | Discus 750g | |
| | Girls | High Jump | 200m | 400m | Discus 750g | |
| 13 | Boys | 200m Hurdles | 400m | High Jump | Javelin 600g | 1500m |
| | Girls | 200m Hurdles | 400m | Javelin 400g | High Jump | 1500m |
| 14 | Boys | 200m Hurdles | 400m | Triple Jump | Shot Put 3kg white | 1500m |
| | Girls | 200m Hurdles | 400m | Triple Jump | Shot Put 3kg white | 1500m |
| 15 | Boys | 300m Hurdles | Javelin 700g | 400m | Triple Jump | 1500m |
| | Girls | 300m Hurdles | Javelin 500g | 400m | Triple Jump | 1500m |
| 16, 17 | Boys | 300m Hurdles | Javelin 700g | 400m | Triple Jump | 1500m |
| | Girls | 300m Hurdles | Javelin 500g | 400m | Triple Jump | 1500m |