



2020/ 2021

**PROGRAM 3 - Green**

AGE	GROUP	EVENTS					
		1	2	3	4	5	6
6	Boys	200m	Discus 350g	Long Jump			
	Girls	200m	Discus 350g	Long Jump			
7	Boys	200m	Shot Put 1kg Blue	500m pack			
	Girls	200m	Shot Put 1kg Blue	500m pack			
8	Boys	60m Hurdles	700m	Discus 500g			
	Girls	60m Hurdles	700m	Discus 500g			
9	Boys	60m Hurdles	Long Jump	Shot Put 2kg Orange	400m		
	Girls	60m Hurdles	Long Jump	Shot Put 2kg Orange	400m		
10	Boys	200m	60m Hurdles	400m			
	Girls	200m	60m Hurdles	400m			
11	Boys	Long Jump	80m Hurdles	800m			
	Girls	Long Jump	80m Hurdles	800m			
12	Boys	Long Jump	800m	60m Hurdles	Shot Put 3kg White		
	Girls	Long Jump	800m	60m Hurdles	Shot Put 2kg Orange		
13	Boys	Shot Put 3kg White	200m	80m Hurdles	Triple Jump	3000m (last event of night)	
	Girls	Shot Put 3kg White	200m	80m Hurdles	Triple Jump	3000m (last event of night)	
14	Boys	Discus 1Kg	High Jump	90m Hurdles	200m	3000m (last event of night)	
	Girls	Discus 1Kg	High Jump	80m Hurdles	200m	3000m (last event of night)	
15	Boys	High Jump	Discus 1kg	200m	100m Hurdles	3000m (last event of night)	
	Girls	High Jump	Discus 1kg	200m	90m Hurdles	3000m (last event of night)	
16, 17	Boys	High Jump	Discus 1.5kg	200m	100m Hurdles	3000m (last event of night)	
	Girls	High Jump	Discus 1Kg	200m	100m Hurdles	3000m (last event of night)	

Age Managers please try and complete in Program Order.