



2020 / 2021

**PROGRAM 2 - Red**

AGE	GROUP	EVENTS							
		1	2	3	4	6	7	8	
6	Boys	Long Jump	50m	100m	Shot Put 500g Pink	U6 Boys & Girls northern end of pit, mat 0.5m from edge of pit			
	Girls	Long Jump	50m	100m	Shot Put 500g Pink				
7	Boys	Discus 350g	70m	Long Jump	100m	U7 Boys & Girls northern end of pit, mat 0.5m from edge of pit			
	Girls	Discus 350g	70m	Long Jump	100m				
8	Boys	Shot Put 1.5kg Yellow	200m	70m					
	Girls	70m	200m	Shot Put 1.5kg Yellow					
9	Boys	200m	100m	800m					
	Girls	200m	100m	800m					
10	Boys	70m	800m	Shot Put 2kg Orange	High Jump - scissor				
	Girls	High Jump -scissor	800m	70m	Shot Put 2kg Orange				
11	Boys	High Jump	Shot Put 2kg Orange	200m	1500m				
	Girls	High Jump	Shot Put 2kg Orange	200m	1500m				
12	Boys	Triple Jump	Javelin 400g	100m	1500m				
	Girls	Triple Jump	Javelin 400g	100m	1500m				
13	Boys	Discus 1kg	Long Jump	100m	800m				
	Girls	100m	Long Jump	Discus 750g	800m				
14	Boys	Javelin 600g	800m	100m	Long Jump				
	Girls	Javelin 400g	800m	100m	Long Jump				
15	Boys	Shot Put 4kg Red	100m	800m	Long Jump				
	Girls	Shot Put 3kg White	100m	800m	Long Jump				
16, 17	Boys	Shot Put 5kg Green	100m	800m	Long Jump				
	Girls	Shot Put 3kg White	100m	800m	Long Jump				

Age Managers please try and complete in Program Order.