



2020 / 2021

PROGRAM 5 - Blue

AGE	GROUP	EVENTS			
		1	2	3	4
6	Boys	Discus 350g	100m	50m	300m
	Girls	Discus 350g	100m	50m	300m
7	Boys	50m	200m	100m	Shot Put 1kg Blue
	Girls	50m	200m	100m	Shot Put 1kg Blue
8	Boys	Shot Put 1.5kg Yellow	200m	70m	
	Girls	70m	200m	Shot Put 1.5kg Yellow	
9	Boys	200m	100m	800m	
	Girls	200m	100m	800m	
10	Boys	Shot Put 2kg Orange	70m	200m	High Jump - scissors
	Girls	High Jump - scissor	70m	200m	Shot Put 2kg Orange
11	Boys	200m	High Jump	Discus 750g	1500m
	Girls	200m	High Jump	Discus 750g	1500m
12	Boys	100m	800m	Javelin 400g	Triple Jump
	Girls	100m	800m	Javelin 400g	Triple Jump
13	Boys	Discus 1Kg	100m	Long Jump	800m
	Girls	Long Jump	100m	Discus 750g	800m
14	Boys	Javelin 400g	Long Jump	100m	800m
	Girls	Javelin 400g	Long Jump	100m	800m
15	Boys	Long Jump	Shot Put 4kg Red	800m	100m
	Girls	Long Jump	Shot Put 4kg Red	800m	100m
16, 17	Boys	Long Jump	Shot Put 5kg Green	800m	100m
	Girls	Long Jump	Shot Put 3kg White	800m	100m

Age Managers please try and complete in Program Order.